



Catechesis At Home – Consecrated in Truth

7th Sunday of Easter – Year B

DISCUSSION

To be consecrated means to be set aside for a divine purpose. Consecration literally means “association with the sacred”. Jesus prays for us to be consecrated in truth in this week’s Gospel. This prayer comes from the night before He died. He is praying to His Father that His disciples will be kept from harm – not physical harm, but spiritual harm. He knows that this world will be harsh to us, His disciples. He knows that we will struggle with temptation and with persecution. But, as John says in this week’s second reading, if we remain in God, God will remain in us.

Jesus claims us as His own and prays for us to be one with Him and His Father. He is preparing us to receive the Holy Spirit, who will make it possible for us to be in this relationship with Him. How often do we recognize this gift from God? His ultimate love that binds us to Himself and to each other. How often do we ignore it or reject it? How often do we turn away from Him and toward the evil one?

Jesus offers us a way back when we do ignore or reject God: The Sacraments.

When we are baptized we are consecrated to God. When we receive the other Sacraments, we renew that consecration. When we bless ourselves with Holy Water, we renew that consecration. When we pray and call upon the name of Jesus, we renew that consecration. When we pray with Scripture – reading it and reflecting on it, we renew that consecration.

ACTIVITY

Let us re-consecrate ourselves to Christ. Recall that He said of Himself, “I am the Way, the Truth, and the Life. No one comes to the Father except through me.” (Jn. 14:6) This week, obtain some Holy Water, if you do not have any at home. (You can either get some from your parish church, or ask your Deacon or Priest to bless some water for you.) Then, each day, bless yourself and your family with the Holy Water:

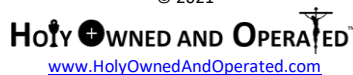
Parents, use the Holy Water and make the sign of the cross on your child’s forehead saying, “_____, blessed be God who chose you in Christ. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.”

Children, bless your Mother. Trace the sign of the cross on her forehead with Holy Water and say, “May God, the source of life, give you joy in the love, growth, and holiness of your children. Amen.”

Bless your Father. Trace the sign of the cross on his forehead with Holy Water and say, “May God, who gives life on earth and in heaven, lead you to walk by the light of faith and so help your children attain the good things Christ has promised us. Amen.”

(These blessings come from *Catholic Household Blessings and Prayers*.)

© 2021



www.HolyOwnedAndOperated.com

Holy Owned and Operated grants the original subscriber (parish, parochial institution, or individual) permission to reproduce this handout with this footer included.